

## Youth Peer Specialist

The Youth Peer Support Specialist for the Parent/Professional Advocacy League is based in Worcester and the surrounding areas. The Youth Peer Specialist provides support and assistance to youth/youth adults and works to strengthen youth and young adult voice to improve the systems that provide services to them.

### Responsibilities:

- Provide high quality peer to peer support for youth with emotional, behavioral, and/or mental health needs
- Support youth to participate in writing, training and speaking activities
- Mentor and educate youth and young adults so that they have a voice to be on committees and work with system partners
- Teach youth through trainings and workshops such as Strategic Sharing and Box Up the Stress
- Collaborate and work with Department of Mental Health in Central Mass on Peer to Peer project for 12 hours a week.
- Support youth and young adults in system meetings as needed to in how to use their voice and get to youth driven
- Report youth activities, projects, and any programmatic challenges, that may create a barrier to achieving goals/objectives to Youth Coordinator

### Qualifications:

- Effective communication skills, (bilingual a plus but not required)
- Flexibility and ability to lead projects, often independently
- Fluency in Microsoft Office suite, social media experience desirable or ability to learn these skills quickly
- Resiliency, recovery tools, self-care management, problem solving, resource and information referral, and advocacy skills needed.

Preference may be given to individuals with one year of lived experience in the mental health system who demonstrate knowledge or a family member of someone with lived experience.

This is a 24 hour/week position specifically for running youth programming within the Worcester area. Required hours for this position will be mainly afternoon, evenings, with some weekends required. Reliable transportation is required.



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