

Certified Older Adult Peer Specialist Training

May 21-23, 2018

Springwell

307 Waverley Oaks Road, Suite 205

Waltham, MA 02452

This training will prepare **Certified Peer Specialists and Recovery Coaches**, age 50+, to use their existing experience, skills and training to work with older adults living with behavioral health challenges. Training will include an understanding of mental health and co-occurring physical issues as they relate to aging. Topics covered include: the aging process, suicide, wellness, substance use, dementia, physical illness, mental health challenges, aging in place, and community resources. Participants will increase their level of expertise while gaining specialized techniques that support older adults. Lived experience of mental health challenges, trauma, and/or substance use, and the willingness to share that experience is required.



Requirements:

- Age 50+
- Certified Peer Specialist or Recovery Coach
- Commitment to working with older adults
- Successful application.

Please complete the attached application. **Deadline is April 27, 2018.**

For more information, contact:

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MA Department of Mental Health

Office of Recovery and Empowerment

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Sponsored by the MA Department of Mental Health and the Executive Office of Elder Affairs and MCOA.