PARTICIPANT AGENDA

TIME	ACTIVITY	FACILITATOR
9:15-9:45 9:30-10:00 10:15-3:00	• On site check in • Refreshments • Participants add their items to the Libation table • Dorchester Room / Silent room available	

10:00-10:40
 	
10:45-12:15
	• Welcome
	• Overview
	• Honor code – silence with signs, scents section with signs, truth, Libation table and items
	• Interactive Self-Introductions
	
	• Libation: Honoring – remembering – hoping – silent reflecting
	
	• Part I Emotional Validation – Self-Soothing
	  ○ Presentation
	  ○ Activity / Exercise
	  ○ Small Group
	  ○ Large Group
		Valeria Chambers
		
		La Verne Saunders
		
		Valeria Chambers & Steve Monteiro
		
		Patrice Shelburne

12:20-1:00	LUNCH South Boston Room & Dorchester Room/Silent Room	

1:00-3:00	• Poetry – South Boston Room
	• Part 2 Theme & Model For Change And Growth
	  ○ Presentation
	  ○ Activity / Exercise
	  ○ Small Group
	  ○ Break – start around 2
	  ○ Large Group
		La Verne Saunders

3:00-3:30	• Next steps • Plan • Closing • Evaluations	Valeria Chambers La Verne Saunders Valeria Chambers