



# PARTICIPANT AGENDA

TIME	ACTIVITY	FACILITATOR
9:15-9:45 9:30-10:00 10:15-3:00	<ul style="list-style-type: none"> <li>• On site check in</li> <li>• Refreshments</li> <li>• Participants add their items to the Libation table</li> <li>• Dorchester Room / Silent room available</li> </ul>	
10:00-10:40  10:45-12:15	<ul style="list-style-type: none"> <li>• Welcome</li> <li>• Overview</li> <li>• Honor code – silence with signs, scents section with signs, truth, Libation table and items</li> <li>• Interactive Self-Introductions</li> <li>• Libation: Honoring – remembering – hoping – silent reflecting</li> <li>• Part I Emotional Validation – Self-Soothing               <ul style="list-style-type: none"> <li>○ Presentation</li> <li>○ Activity / Exercise</li> <li>○ Small Group</li> <li>○ Large Group</li> </ul> </li> </ul>	Valeria Chambers  La Verne Saunders  Valeria Chambers & Steve Monteiro  Patrice Shelburne
12:20-1:00	LUNCH  South Boston Room & Dorchester Room/Silent Room	
1:00-3:00	<ul style="list-style-type: none"> <li>• Poetry – South Boston Room</li> <li>• Part 2 Theme &amp; Model For Change And Growth               <ul style="list-style-type: none"> <li>○ Presentation</li> <li>○ Activity / Exercise</li> <li>○ Small Group</li> <li>○ Break – start around 2</li> <li>○ Large Group</li> </ul> </li> </ul>	La Verne Saunders
3:00-3:30	<ul style="list-style-type: none"> <li>• Next steps</li> <li>• Plan</li> <li>• Closing</li> <li>• Evaluations</li> </ul>	Valeria Chambers La Verne Saunders Valeria Chambers