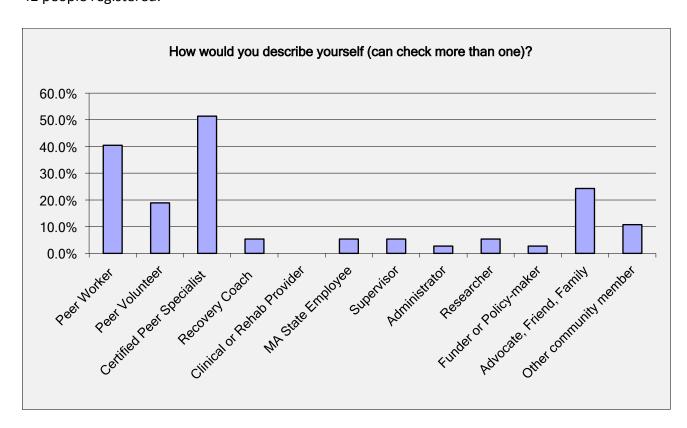


Metro Suburban Community Voice Gathering May 13, 2016 Arlington Public Library

2016 Recruitment and Retention Report

Who Registered
42 people registered.



People were invited to add Details? about their role and many did:

- Eliot Community Health Services
- Currently taking the CPS training class in Lexington.
- will volunteer at hospital
- · Lead dual recovery anonymous
- · Co-facilitate a peer discussion group
- Have lead meetings in 12-step groups
- Supervisor of Peers at Fellowship Health Resources
- Intensive Peer Support
- Clubhouse Member
- Lynn PACT
- Independent Living Coordinator at MetroWest Center for Independent Living, i.e. Peer Counselor, Advocate, sometime Skills Trainer and Information & Referral person
- I am a Peer Specialist for North Suffolk Mental Health out of the East Boston CBFS office.
- Work with NAMI/GBCAN, training to be a CPS. Any way to get a plain salad or veggies for lunch?

(Special dietary needs)

- CBFS Eliot Community Human Services, Arlington
- Peer specialist for mental health emergency services team; resilience and recovery group facilitator;
 WRAP facilitator; mental health counseling grad student;
- AA member; peer group facilitator, etc!
- I am a researcher, teacher and also in recovery.
- I work in a peer to peer program at south shore mental health.
- Webminder

How did you first find out about the job?

- Word-of-mouth (x5)
- Email
- Volunteer work (x4) through the MBRLC and then to CPS training + job through clubhouse – Casa Primavera
- From a member/board of TC (TCx4)
- For the state on the website of the state

Hiring roles – Experience – How to get word out?

- Website
- Word-of-mouth
- TC website
- Advertised on Indeed & hospital website. Also can volunteer at RLC and be invited into a role here – they recruited me when they learned about my strengths.

What made you want to apply?

- Bring meaning to everything been through (x3)
- Want to change things I see in the system, strong supporter of peer support
- Enjoyed helping others as through 12-step enjoy helping (x3)
- Through my experience I have wanted to help. Helping people move along Removing power differential. Attracted by being appreciated by peers and relationships.
- As a therapist I did not like the power differential
- Wanted to be part of RLC work

What made you take the job?

- Wanted to use my own experience to help others (x2)
- Needed a job, intrigued by it Respecting everyone at all times
- Importance of giving voice want to be a change agent

What prevents you from applying for paid peer role

- Feeling that one doesn't have the credentials
- Not knowing job openings?

Did job look appealing in terms of pay

- There is pressure to leave and tension to stay
- Benefit not having to hide my MH +SA History being able to disclose
- Pay rate does not make me want to stay however the relationships make me want to stay
- Worked well with SSDI (not looking for FT)
- Flexibility lower pay but I make my own schedule
- At beginning appealing benefits are great

Other benefits of role

Love variety – peer support, supervising others, some admin tasks

How does it matter if they have worked with peer specialists

- It matters yes
- Yes because CPS role is so different from traditional roles
- Depends sometimes yes if understand role sometimes no if not understand role or misunderstand it

Volunteering – Why?

- Want to help people, part of my recovery (x2)
- On all-peer-specialist team (x2)
- Volunteer went to a lot of training & also learned how to be social with people community. Tested job out before take.
- Keep me busy and out of the house (x2); volunteered at NAMI and RLC and liked receiving a small stipend
- Day Tx wanted me to get out and volunteer (x2, residential program) found job at NILP
- Hopeful that I didn't have to be the first peer specialist to educate staff
- Peer specialists can educate the team & coach them on how to work with clients

Retention: why do peer workers stay

- Supportive team (supportive co-workers)
- Love job & colleagues
- Enjoy helping people, know they are making a difference
- People are kind stipends help

Why do people leave

- Pay is low (x3)
- Work alone too much (x2)
- I was expected to have own cell & unlimited texting
- No petty cash, have to front money for expenses

- Fear of SSDI cutting us off
- I don't see career ladder, although I love what I do

What is needed to retain workforce

- Educate public about the role
- Important not to be isolated/networking opportunities with other Peer Specialists
- Groups supervision/networking
- Keep pay up with cost of living (x3)
- Clearer job descriptions (or A job descrip!)
- A career ladder to climb with good choices